



Structured Alcohol Services

relating to alcohol misuse
are available in the
Gravesend, Maidstone and
Tonbridge areas



KENWARD TRUST 

Kenward Trust Registered Charity No. 265394

What can I expect from the Structured Alcohol Services?

- An initial assessment to confirm the appropriate treatment service.
- Referral to community or inpatient detoxification if appropriate.
- A series of 6 weekly one to one or a series of 6 group appointments (according to need).
Plus 2 fortnightly group appointments.
Relapse prevention groups, if appropriate, for up to 6 sessions.
- A 'care planned' approach.
- Regular reviews of individual's progress.
- Support for 'significant others' if appropriate.
- An individual 'departure plan'.
- Sign Posting to other services if appropriate.
- Flexible appointments within our limitations.
- On-going service evaluation.

Who is it for?

- The Structured Alcohol Services are available to West Kent residents.
- Men and women - 18 years of age and over.
- Adults who are experiencing increasing problems related to their alcohol consumption.
- Individuals who need some support in reducing their alcohol consumption and the related harmful effects to their health, relationships and well-being.

In which areas are they available?

- **Main centres at:**
Gravesend, Maidstone and Tonbridge.
- Available at venues near to you.
- Flexible appointments.
- To enquire about your nearest venue please call:
01474 327145

How do I apply?

Kenward Trust are pleased to accept self referrals or referrals made by other professionals.

If you are considering using this service please do one of the following:

- **Phone** us on **01474 327145** for an informal discussion.
- **Fill in** the application form overleaf and send to the address below.
- **Ask** your GP, social worker or probation worker to refer you to the Structured Alcohol Services.

For any enquiries please contact:

56 Windmill Street, Gravesend, Kent DA12 1BB

Tel: 01474 327145

Fax: 01474 352095

Email: enquiries@kenwardtrust.org.uk

www.kenwardtrust.org.uk

KENWARD TRUST 

Kenward Trust Registered Charity No. 265394

Name

Age

Date of birth

Address

.....

.....

Postcode

Tel. No.

Nationality

Gender

Has there been any evidence of problems arising from:

Ⓐ Other drugs Yes No

Ⓑ Violent behaviour Yes No

Ⓒ Excessive gambling Yes No

Ⓓ Eating disorders Yes No

Ⓔ Medical conditions Yes No

Ⓕ Mental ill health Yes No

Do you consider yourself to be:

An alcoholic A heavy drinker A hard drinker

A problem drinker A social drinker

Are you presently taking medication Yes No

If 'Yes' what do you take?

①

②

③

④

⑤

What would you like to achieve?

.....

.....

.....

Date

Signature

