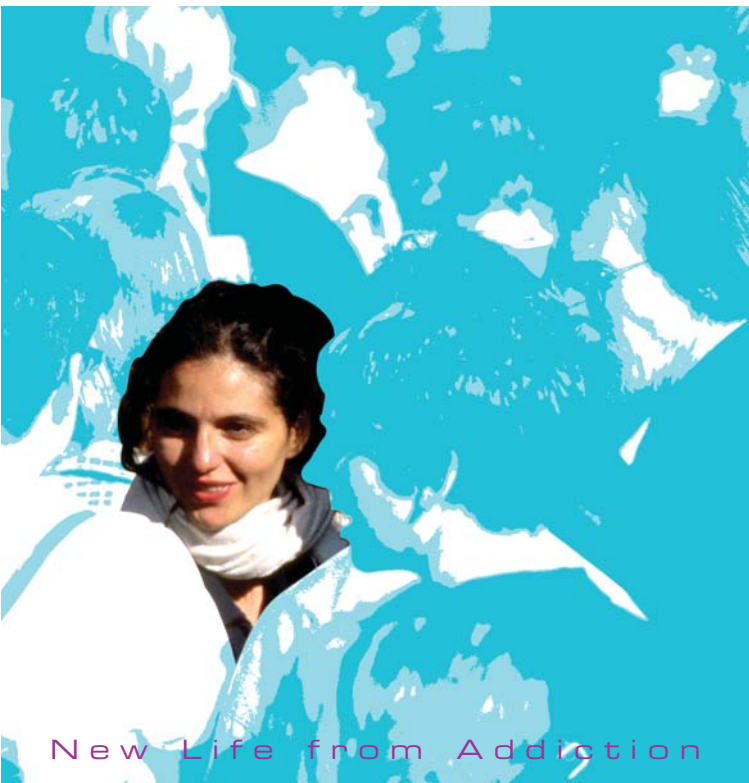


KENWARD TRUST



Naomi at Highgate Hall

A first stage
abstinence-based
residential rehabilitation
project for women



New Life from Addiction

Naomi at Highgate Hall

This is a new first stage abstinence-based residential rehabilitation project for up to 9 women. It offers an intensive, structured group work programme for women dealing with addiction and underlying issues.

The group work programme creates an environment where women feel safe enough to explore repeating life patterns which are no longer helpful, moving them to a new life from addiction.



Highgate Hall is a Georgian property found in the centre of the village of Hawkhurst, Kent. The project has been recently completely refurbished and is well appointed with modern facilities. Women attending the project will be encouraged to become integrated into the community and village life.

The main components of the holistic programme are:

- Addressing addiction issues
- Individual care plans
- Group therapy
- Key working
- Family work/therapy where appropriate
- Weekly objective setting
- Personal goals setting
- Spiritual awareness linked to 12 Steps
- Life skills
- Leisure activities
- Building self esteem
- Compliance with court orders

The programme operates by encouraging shared responsibility and client involvement in programme design. This ensures a constantly evolving and dynamic programme which is designed to run over 6 months.

Family therapy work will provide the opportunity for the development of positive and healthy relationships. The project will pro-actively support women as they seek to reintegrate back into communities.

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Naomi at Highgate Hall



**Please address applications
and enquiries to:**

The Kenward Trust, Kenward House,
Yalding, Kent. ME18 6AH

Tel: 01622 814187 · Fax: 01622 815805

E-mail: enquiry@kenwardtrust.org.uk

Web-Site: www.kenwardtrust.org.uk

Direct Dial: 01580 752179