

# New Life!

• The Newsletter of the Kenward Trust - 40<sup>TH</sup> ANNIVERSARY ISSUE •

## *Farmer To Founder – A Family Perspective*

By Olive Deeming (nee Sinden)



**My father never liked writing letters and so it was a surprise when the unexpected letter arrived during my time at Church Army College. It was even more of a surprise to see the reason for putting pen to paper as I read how he had become a Christian and committed his life to Christ.**

He explained how through the years he had carried guilt, which had destroyed his peace of mind. He had shown the letter to my brothers and sisters before he forwarded it to me, and he went on to explain what a new man he felt through

his life changing spiritual experience. This was the result of many years of prayer by so many people, especially the faithful prayers of my mother. It was a couple of years later that she said to him, “I have prayed many years for you to come to church with me, but I can see the Lord had his perfect plan. I had to be fully committed also, as once you made your commitment, I had to be ready for anything.”

Dad’s faith grew quickly and deeply in his eagerness to study the Bible with the help of my sister’s friend, Norman, and through the

## *Kenward Trust’s Fortieth Anniversary Issue.*

**It was on 3<sup>rd</sup> July 1968 that the founders of the Kenward Trust, Ray and Violet Sinden, having sold all that they possessed to purchase Kenward House, moved into the Queen Ann mansion at Yalding, near Maidstone in Kent and opened its doors to the homeless.**

This month and for the remainder of the year, we celebrate not only the founding of our organisation, but the dedication and continued commitment of all the staff and volunteers who have unselfishly built the Kenward Trust into the organisation that it is today. Kenward Trust is recognised as one of the largest and most professional organisations of its kind in the south of England and during the past FORTY years, has helped THOUSANDS of vulnerable people suffering from substance abuse, to get well again. This celebratory issue of *New Life!* is dedicated to ALL whose lives have been positively touched by the work of the Kenward Trust and you will be able to read some very personal thoughts and memories of those two marvellous people, Ray and Violet Sinden, whose unselfish act of faith has provided countless people with a “new life from addiction.”

various Christian holiday conventions he attended with my mother. It was further strengthened during their training as counsellors for the Billy Graham Crusade. However, his journey of faith was not without doubts and struggles. One day, after sharing these with me, and as I was leaving on the train, I simply said, “Hold on dad”. He later shared, that those simple words brought him through.

Once again, God’s timing proved to be perfect. I had met my future husband, Paul, who was a Church Army Captain working at Spitalfields Crypt in the East End, a first stage rehabilitation centre for alcoholics and homeless men. Dad and Paul often shared together about the need for the on-going care and support when the men left the crypt. On hearing this, but also through reading about the work of

the London Embankment Mission, Dad felt deeply moved and the seed of compassion was sown in his heart, which grew into the vision for the Kenward Trust.

It began with Dad and Mum taking four men to live and work on the farm, sharing family life and meals, times of prayer and Bible study, experiencing a sense of belonging and being valued. It was a difficult time of adjustment for dad's family and especially his sons who worked on the farm, but support and respect was there for him. Eventually, the farm was no longer a priority, as dad shared with Mum the desire to do more for the Lord and those needing such help. It was through my sister's boyfriend who worked on the staff of the Barnado's children's home at Kenward House, that Dad heard that the house was for sale! So the vision grew, the way ahead was explored, but not without opposition, even from unexpected well-meaning sources – 'You are not trained', 'You have no experience', 'It's too much of a risk'.

Just before signing the contract, dad visited Kenward House to pray and be sure of God's will. He later shared that as he turned the corner of the house, he saw the wind

bending the trees with a symbolic nod of 'yes' and he thought of the words, 'He who honours me, I will honour'. So, with the help and encouragement of Mike and Mary, a couple from mum and dad's church, the move to Kenward was made and the Lord's work, which became the Kenward Trust, began.

I never cease to wonder at the sacrifice my parents made, especially my mother, giving up their new personally designed house and successful farm, to move to Kenward. It was a struggle and a lot of hard work but my mother later shared she never regretted that step of faith, "The experience of running Kenward House and being part of so many people's lives far out-weighed anything else."

Since those early years, God has called and blessed many people through the work of Kenward Trust, including residents, volunteers and staff. Dad and mum's family are humbled by what has been achieved, and we thank God for all who encouraged and supported that first step of faith, and especially for calling Godfrey and Carol to take on that vision, expand it and see it through to this celebration of forty years.

**We can certainly say, 'The one who calls you is faithful.'**

## *Give With Ease And Confidence To The Kenward Trust*

**Last year, the Kenward Trust was one of the first charities to join a new self-regulatory body for fundraising in the UK, a world first!**

The Fundraising Standards Board launched with nearly 250 members, all of whom have committed to a strict set of codes and a Fundraising Promise, pledging respect, fairness, honesty and clarity, in all their money raising activities.

As a member, Kenward Trust has also signed up to an independent, robust and transparent complaints process, which means that the public now has somewhere they can go if they are unhappy about how a member charity is raising cash.

The Fundraising Standards Board represents an important commitment by charities to ensure that the public can continue to give with confidence to the voluntary sector. The Fundraising Standards Board scheme was set up after wide consultation with many charitable bodies and the Government, and follows recommendations laid out in the Buse report. The project has been supported by the Office for the Third Sector and the Scottish Executive. Members of the public can contact the Fundraising Standards Board via the website [www.fsboard.org.uk](http://www.fsboard.org.uk) or by calling 0845 402 5442.

To help make donating to the

Kenward Trust easier, we have also joined the **JUSTGIVING** organisation, which is a really good initiative based on donating to charities via the internet. This was at the suggestion of our valiant teams who have entered into the Mazda London Triathlon, to try and raise much-needed funds for the Kenward Trust. So if you haven't sponsored any of the Kenward Trust Mazda London Triathlon Teams yet, visit

[www.justgiving.com](http://www.justgiving.com) and give your pledge. You can of course always donate on the all-new Kenward Trust website at [www.kenwardtrust.org.uk](http://www.kenwardtrust.org.uk) which has just undergone a complete revamp thanks to our friends at the Hillreed Foundation, who generously met the cost of the work. However, if you still prefer, we are always DELIGHTED to receive your kind and generous donations by post!! Simply send your much-appreciated gifts to:  
**The Fundraising Department, Kenward Trust, Kenward House, Kenward Road, Yalding, Nr. Maidstone, Kent. ME18 6AH**



**FundRaising  
Standards Board**



**Kenward Trust Chief Executive Angela Painter**

In this year in which we celebrate and give thanks for 40 years of God working his purposes out at Kenward, we remember that 40 is a significant number for the Christian community. Just a few come to mind; Jesus empowered by 40 days in the wilderness, Elijah strengthened through 40 days by a single meal given to him by God, the Israelites journeying for 40 years, the Disciples spending 40 days with Jesus following the resurrection.....

As I have listened to stories from Kenwards' 40 years I have been overwhelmed by that sense of a long and sometimes arduous journey but one filled with endless 'resurrection' stories of new life. Kenward has been a place where many, many lives have been transformed through a tough journey of recovery from addiction. Many have found hope once more and had broken lives restored. There is now a sense of expectation and perhaps some trepidation as we enter a new phase in the life of Kenward. I do not anticipate droughts, floods or feeding on locusts! But the credit crunch, ever increasing demands for complex data, and working in a secular and competitive 'marketplace' are real challenges. There is work

**Transformation and Hope – these are two words which seem to capture what Kenward has been and will continue to be all about.**

to be done and now is a good time for reflection and refocusing. I am very confident, that Kenward will lead the way as a distinctive and high quality service provider that transforms the lives of individuals, families and whole communities through a wide range of work.

This year our youth work through the Grey Zebra project, which at the beginning of this year looked to be under threat, has now been asked to deliver more services across Kent than ever before. Our new preventative alcohol clinics are full and there has been overwhelming support from service users and commissioners for our particular 'brand' of community based outreach and day programmes. The ever increasing recognition and demand for our abstinence programmes has been shown by consistently high (average 85%) occupancy rates across all our residential and final stage recovery programmes since the beginning of this year..

So lots going on and none of it possible without your support at so many levels, volunteering, raising awareness, prayers, partnering, finances and

none of it possible without our greatest resource of all, the transforming love of Jesus and the certain hope of

the resurrection message.

In his name,  
**Angela.**

## **Mayor Michael's Message!**



**The Mayor of Swanley Town, Cllr Michael Mahy, with Kelly Webb from Sevenoaks District Council and Kenward's Angela Painter.**

Twenty years ago a man was living in an alleyway, with all his worldly possessions contained in a plastic carrier bag – even that was stolen! His life was totally focussed on alcohol and he drank two and a half bottles of Vodka each day, he had little time for anything else. He then discovered the Kenward Trust and spent some time at Boons Park, our second largest residential rehabilitation project near Edenbridge, where caring, professional staff helped him in his struggle to turn away from his alcoholic life and get well again. The man hasn't touched an alcoholic drink for more than eighteen years, he is leading a full and active life as Cllr Michael Mahy, the Mayor of Swanley Town, Kent! Elected as Mayor in May, Michael bravely stood proud and told his story to journalists as he helped the Kenward Trust promote the nine Local Alcohol Clinics, which we operate throughout west Kent.

"If these services were available when I was having my problems, I probably wouldn't be talking to you now. And I would urge anyone who is experiencing problems with alcohol themselves, or know someone else who is, to seek help before it takes over their lives. I speak from experience and know the devastation that alcohol abuse can bring." He told the journalists.

Following extensive local publicity, Mayor Michael, has received numerous letters and telephone calls from people congratulating him on his brave act or asking him for help with their problems. "I am overwhelmed and a little humbled by the positive reaction to my story in the media and very glad that I am able to be of help to others in need." said Michael.

Kenward Trust is proud of the Mayor's actions, which have to be of great encouragement to people experiencing similar problems. **WELL DONE** Mayor Michael.

# MEMORIES ARE MADE OF THIS



**Jean Park**

Although Ray and Vi Sinden were only involved with the trust on a daily basis for about 7 years they nevertheless left a number of very clear marks.

Clearly they started the Trust, which was a great step of faith and commitment, and they will be remembered for that, for ever. They were also people with very different but very strong characters. They both knew what they wanted and how they wanted it. They also made sure they got it. Mr Sinden was a man who spoke straight from the shoulder. In the process of that, he was a very astute psychologist brought about from life experience. Not only did he have his own experience of life's ups and downs but being a farmer who had employed many people, he had experience of other people's ups and downs. He understood behaviours which worked for good and those which didn't and he had a way of telling you if, what you were doing

was not going to work, in a way that you would remember. He was a practical man who encouraged people to concentrate on just the thing they were doing and not to be overwhelmed by the bigger goal, explaining that the achievement of a number of smaller goals would eventually mean the achievement of the bigger one.

Vi, was affectionately known as the Queen Mum of Kenward. My strongest memory of her at Kenward is in the original kitchen preparing a meal with a collection of residents around the large kitchen table, all with their own task which contributed to the final, rather large, meal. She was also a great cake maker having brought up seven children of her own. She too could let people know when they had 'got it wrong', which left them in no doubts about what was expected. She was always smiling and even as a very old lady she still wore her smile which beckoned you in and gave confidence that you would be 'alright'. Ray and Vi will always be remembered with affection, not just because they were the people who sowed the first seed for this great organisation, but rather because they were thoroughly nice people.

**Jean Park**



**Roger Bedford**

Mr Sinden (it never occurred to me to call him Ray), had allocated an area for our youth group to hold a firework event and even lent us a tractor and trailer to gather firewood. Nice to be trusted, exciting to get to drive a tractor, but embarrassing when it became stuck in the mud, I knocked again on the imposing front door of Kenward House to report the mishap slightly apprehensively.

As I remember there were no recriminating or sarcastic remarks, even if deserved, but a phone call to a neighbour who brought his tractor to pull us out and set us on our way again. Giving practical help to those in need without making a fuss, sort of typifies what Mr & Mrs Sinden had devoted their lives to, and it's memorable years after the event.

**Roger Bedford**



**Terry Le Quesne**

Jenny, my wife and I, first came to know Ray and Vi Sinden when they began to attend worship in St. Faiths Church, Maidstone, late 1969/70. The Reverend Michael Wilcock was the current incumbent and we were enjoying a very fine teaching ministry, many new people were drawn in, amongst which were Ray and Vi. As this was also amongst the early years of Kenward's existence, many of the residents also came along, and as we got to know them and the work that was being carried out at Kenward House, so an interest grew and people from the Church began to visit the House and take part on a Sunday evening hymn and song singing time. In those days I was running the Youth Club and a Boys Brigade Coy, and we were able for some years, to come out and cut down some of the large Sycamore Trees with Chain Saws and log them for the house fires or boiler. It wasn't all work though, because in the evening we would Barbecue or partake of soup and sausages (prepared by Vi and the kitchen staff), after a variety of Games played in the woods. We sponsored a resident, brought

him into our home for some social contact, even loaning him our car to go to London. Ray was a mans' man, he would look you straight in the eye when asked a question and could soon sort out any problem, or at least tell you what you should do, a very honest down-to-earth man, for whom I had great respect. Vi was also just such a delight, so gentle, willing to listen to anyone's needs, and offer a Godly support. We remained friends until God called them home.

**Terry Le Quesne**



**Godfrey Featherstone**

I could fill this page and many more with stories about Ray Sinden and about the very important role which Vi played in keeping Ray focused and bringing out of him his 'soft(er) side'.

As a Farmer, Ray was full of country sayings; some 'old chestnuts'; some of his own invention and many not repeatable in a newsletter! He was also full of a country wisdom that had a way of informing profound 'truths' but in simple terms. Like the time when I was set to clear a 2 acre field with a double-handed scythe. I was out in

the field, wielding this implement of torture, for about four hours one hot summer's morning – at lunch-time I stopped, looked up at my mornings work and then at the significantly larger area that was still left to do and my heart sank. Knowing that Ray's farming life covered a time before combine harvesters were the norm, I told him the story and asked him how they coped with that feeling of looking up and seeing acres of 6 foot high weeds stretching out before them. "It's simple," he said, "don't look up!"

This has turned out to be an allegory for working in Kenward – whilst there have been moments of high-tension, times of crisis, times of joy and heart-ache, most of the time you just keep your head down and keep swinging; eventually you reach the other side of the field and it's 'job done'.

Ray had a similar method of shifting things from one place to the other: If one man could lift 2cwt (which we could in those pre Health & Safety days) and we had something which weighed a Ton, then you just needed ten men to shift it! And by Jove, we shifted a few Tons! With no training whatsoever, Ray was a most effective Psychologist. He could say things to men which even now make me wince to recall, however, because he could say them entirely without malice, they would be taken on board by the recipient, knowing they were both true and said for the hearers

benefit. An example: One of the residents was going for an X-Ray scan for a bad back; as he went off to the Hospital Ray called to him, "Hey John, when you are under the X-Ray, ask them if they can see any work in there!"

Ray was not good with 'formal' situations and on one occasion when we were 'summoned' to see the Chief Probation Officer, to answer for what he thought to be a breach of protocol on our part, Ray was quite nervous. We sat in Ray's car praying outside the Probation Office and decided that Ray would be introduced as the 'Director' and that I would be the 'Secretary to the Trustees' (we had not previously thought it necessary to have titles). As good fortune was to have it, I was able to develop a response to the allegation which laid the blame for the incident in question, firmly at the Probation Service's feet. To his credit the Probation Chief, Peter Raphs, entirely accepted responsibility and apologised unreservedly for having been so high-handed. As we came out of the Probation Office a Christian Probation officer who had seen us going in said to Ray, "Well what did you learn?" Ray replied, "I learned that I had chosen the right person to succeed me" – this was the closest I ever came to getting a compliment from Ray!

**Godfrey Featherstone.**



**Everlie Turpin**

I never knew Mr. Sinden but when I first came to Kenward house about 24 years ago his presence was evident in all that was taking place at Kenward! It's a bit like the 'black hole' theory where the evidence of it's existence is based on what has been left behind or like a child that has eaten chocolate, the chocolate is no longer there but the evidence is on the child's face. Kenward House is run very much like a family home and there has always been a very warm welcome there. Mrs. Sinden was the most warm and loving person I have ever met and it was a great joy to know her. Mrs. Sinden right up to her last days was always interested in the work and would come to every occasion with her lovely smile. I suppose I'm talking about the ethos of the work of the Trust and this was put in place by the Sindens' and is still very much the ethos of today. This is one of faith in a God who is in ultimate control and a God who doesn't judge people by their looks or behaviour but accepts and loves them where they are and I know Mr. and Mrs. Sinden must be rejoicing in heaven together with the angels over the lives being changed. I rejoice in having the privilege in being part of that journey with them and having been part of the ongoing work of the Kenward.

**Everlie Turpin**

## Awards For All Levels



**Kenward Trust's Sam, Angeline, Matt and Terry, line up for their awards.**

Kenward Trust along with other organisations, is continually improving the quality of its services to those with issues of addiction. Kenward has always been pro-active in bringing people who have been through their own recovery from addiction into the industry, to help those who are at the beginning of their journey.

This step from client to professional is often quite a difficult one, as often the only qualification these workers possess is their own experiences of addiction and their own journey out of it. A qualification at this first level which is specifically linked to substance misusing clients has been non-existent locally. However, last year this situation ceased to be. Sally Duncan from the Kent Drug and Alcohol Action Team, worked with South Kent College to develop a Pre-Progression Award for just these circumstances, which enables us to send some of our newer workers, volunteers and those wanting to make the transition from client to staff, to get the first qualification specifically

related to the work they want to do.

We were thrilled therefore, for members of our staff and volunteers to be among the first to receive this award at a ceremony in February at Sessions House, in Maidstone. Well done to them, and may this be the first of many awards in their new careers.

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### ***Matt – Keeping In Contact From America!***

**Former Kenward Trust client Matt, has not only found a “New Life from Addiction”, but a new life in America as well! Matt has asked for this letter to be printed in *New Life!*, in the hope that it will give encouragement to others who are currently struggling with their addiction.**

It seems like quite some time since I was at Kenward and in some respects, a lifetime since I first went to Kent on 23<sup>rd</sup> June 2006.

Here in the US, everyone knows their recovery date and my two year date comes up on 27<sup>th</sup> March. I remember a time when I couldn't string more than hours together without a drink and at the end, the longest I went without a drink was when I had passed out during blackout. I was at a stage when although I was drinking a litre of vodka a day, I could only remember the first two drinks as I quickly went into blackout auto pilot to finish off the bottle.

Then I came to Kenward with the attitude from the start that I was the least qualified person I knew to recover and that if I asked, listened and took suggestions, I would begin to recover. During my time at both sites, I could honestly say that I felt the presence and direction of God in my thinking and actions, which has continued across the Atlantic.

After a month I applied for a job at the Target store on the flow team in logistics, i.e. I empty the truck and stack the shelves. I start at 4:00am and finish around 11-12:30. I get Thursday and Sunday off and don't mind getting up at 2:45am to get ready.

On Christmas Eve I joined my dad, Patti, Erica and the boys for the traditional midnight mass. I actually brought them Christmas presents, which was a novelty for me and I guess them.

I talk to my Aunt on the phone every Sunday to keep in contact and ring my sister too. I kept my promise to them to return for my aunt's birthday and was over in Essex for her 75<sup>th</sup>.

## Jannice Pennie



Last March, one of the longest serving members of Kenward House staff, Jannice Pennie, retired. Jannice was a very popular figure around the house for many years and was highly regarded by colleagues and clients alike. She started at Kenward House more than thirty years ago, as a volunteer helper, but such was her desire to further help the residents that she studied and passed her exams to become a fully qualified counsellor and group worker. She skilfully used her experience and knowledge to great effect as she helped countless people who came to Kenward with lives in complete chaos, to find a “new live from addiction”. Jannice is a staunch stalwart at Loose Baptist Church in Maidstone, where past and present colleagues and clients, joined friends and fellow worshippers in a wonderful retirement celebration.

Jannice has left a large gap in the life at Kenward House that will be difficult to fill, but all of her former colleagues will remain her firm friends and wish her well in a much-earned retirement. But knowing Jannice, it will not be much of a restful one!!

## ***Kenward Connects At The URC Synod!***



**The valiant Kenward team before the crowds descended upon them!**

By special invitation, members of the Kenward Trust's Grey Zebra Youth Outreach team, along with Kenward's Head of Community Projects, Alison Roper and Head of PR & Communications, Tony Williams, attended the United Reformed Church's Southern Area Synod meeting last March.

Hundreds of people representing URC churches throughout the southern area attended the day and the team set up an exhibition of the work of the Kenward Trust in the foyer of the venue and spoke to delegates during the breaks in the meeting.

From lunchtime onwards until the start of the afternoon session, delegates were encouraged to visit the Grey Zebra bus located just

outside the main entrance, to learn of our work in the prevention of substance misuse.

"We were completely overwhelmed as a huge majority of the delegates all seemed to want to learn more about our work. Mike Hammond and I spoke to the crowd outside the bus then passed them onto John Shanley and Tony Williams inside the bus. To say that we were busy would be an understatement, but now many more people are aware of our work in helping young people." said Alison Roper.

To learn more of the work of the Grey Zebra, visit [www.kenwardtrust.org.uk](http://www.kenwardtrust.org.uk).

## **A "Healthy" Evening For Kenward!**



**Wendy Kent with Jan De Vries (left) and Tony Williams.**

The proceeds from an evening lecture by the world famous author and naturopath, Jan De Vries, were generously donated to the Kenward Trust, thanks to our founder's daughter, Wendy Kent (nee Sinden).

Sponsored by the leading herbal remedies company Bioforce (UK) in association with Wendy's Especially Health shop in Sevenoaks, Jan De Vries spoke to a packed hall in Sevenoaks, about the benefits of positive thinking and leading a healthier lifestyle using herbal remedies to address the root causes of ailments, rather than manufactured chemical drugs to treat the symptoms. The evening was a huge success with more than £500 being handed over to Kenward Trust's, Tony Williams, on the night. To learn more about the benefits of healthy living, why not contact Especially Health in Sevenoaks High Street on **01732 – 741181**.

## ***A Big "THANK YOU" To Our Supporters***

In this our 40<sup>th</sup> Anniversary year, all at the Kenward Trust would like to say a big **"THANK YOU"** to our supporters for sending their valuable donations to us. We particularly would like to thank those kind individuals and churches that give regularly to us via a Standing Order – **"THANK YOU"**. A Standing Order Donation Form can easily be downloaded or printed from the Kenward Trust website at [www.kenwardtrust.org.uk](http://www.kenwardtrust.org.uk) or simply telephone us on **01622 – 814187** and we will gladly pop one in the post to you!

Kenward often receives donations from kind-hearted and generous people, who either deliberately or accidentally, withhold their contact details and therefore the Trust is unable to send them a sincere "thank you" letter. To all those that have sent us much-needed donations that we have been unable to respond to, the Kenward Trust says a huge **"THANK YOU"**, your valuable support is very much appreciated.

## ***The Lesser Known History Of Kenward Trust***



**Kenward House - where it all began**

**Kenward supporters are generally aware of the beginnings of Kenward Trust and the 'founding' of an organisation does quite naturally have prominence when the 'history' is retold.**

However, by definition the 'founding' is only the beginning, like hearing the starters gun - the 'race' is still to be run. It is fair to say that there have been many well 'founded' organisations, that are no longer with us. Kenward might well be one of those if it were not for the people who followed on from the founders. It should be remembered that Mr. & Mrs. Sinden were only at Kenward for 7 years, Ray having retired due to ill-health in 1975. When Mr. & Mrs Sinden moved into Kenward House in 1968, so did Mike & Mary Heal. They were friends of Ray and Vi from St. George's CE Weald who, capturing the vision of early Kenward, moved in and lived in the back flat during the first two years, working around the house and grounds. In 1969, when Godfrey Featherstone learnt of Kenward from street-homeless drinkers in the East End of London, he began spending more and more time at Kenward (and less at his job as a Senior Civil Engineer with a London Borough), finally joining the Trust full-time in April 1974. Phil Stone, now Area Dean of Brent, joined Kenward as an 18 year old and eventually, along with ex-Resident Mike Tradewell, started, our first London House. Derek and Liz Lihou joined Kenward in the late 1970's (Derek was in Insurance but was also a skilled carpenter/boat-builder); they gave the Trust their home in Maidstone, to use for four men, rent free for 12 years whilst they lived and worked (and Liz died) at Kenward House; thus establishing the first of our move-on houses in Bower Street Maidstone. Jannice Pennie originally came to Kenward

as a 'helper' for Liz Lihou but soon undertook other duties eventually becoming the Housekeeper before Kenward started to pay her. When she retired in 2008, she was a fully qualified Counsellor and groupworker with 30 years experience of addictions. Steve & Margs Jessup sold their house in Ipswich when they came to work for the Trust and loaned Kenward the proceeds, to use to develop the work of the Trust. We eventually paid this back after they left some eight years later. Tony and Sylvia Harwood sold their house in Crowborough and bought a house in Upper Fant Road, Maidstone - we used this rent free for up to five residents, for two years, until the Trust bought it from them (with a gift from a Grantmaking Trust).

Jean Park worked part-time for ten years for no pay, developing our Admin. system (from scratch) whilst studying with the Open University for a B.A.Hons in Psychology and a Diploma in Counselling (her own time and money): this ultimately resulted in producing the backbone to our very successful Therapy Programme. In order to build the Barn from its original 16<sup>th</sup> century shell, and whilst holding-down a full-time job, Godfrey worked part-time as a Consultant for a Construction Company and was paid in building materials with which we built the Barn. Highgate Hall was renovated by John White, Godfrey and a group of Kenward Residents with Godfrey adding the construction costs to his and Carol's home Mortgage (the Woolwich never knew) - Godfrey and Carol paid the interest for fifteen years! There are many others (John Wilson, Richard Crook, John Armstrong, John Meehan, Derek Harris, George Woollard, Doug Hallett, Peter Kimber, Bob Dawson, Harry Barrow, John Murphy, Michael White, Fred Harrison, Barry Mills, Sid Smith and many more). Most of these came as people in need of the Kenward services but responded by giving whatever talents they had (and some had considerable gifts to bring). These people and others deserve recognition and have collectively contributed more than any individual. And so it continues; the present Kenward Staff Team follow in the footsteps of Saints and continue to uphold that forty-year tradition of service and self-giving.

This collective effort can never take away the significance of what Ray and Vi Sinden did; their contribution was profound and unique and we all loved them for it. However, the success of Kenward Trust over 40 years is founded on much more than any individual effort and of course is forever underpinned by God's guiding hand and inestimable Grace.

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